



JANUARY 2023

Hoosick Falls High School

Meal Price: \$3.00

Monday

Tuesday

Wednesday

Thursday

Friday



2

Chicken Nuggets

3

- Orig/BBQ/Swt & Sour
- Brown Rice
- Steamed Carrots
- Garden Salad

Baked Ziti

4

- Pasta
- Tomato Meat Sauce
- Mozzarella Cheese
- Garden Salad
- Garlic Bread

Santa Fe Chili

5

- Bread Bowl
- French Fries
- Shredded Cheese
- Sour Cream / Tomato

Shepherd's Pie

6

- Baked Potato Skin
- Chopped Beef
- Carrots & Corn
- Mashed Potato Top
- Rolls

Cheeseburger

9

- Grilled Burger / Bun
- Cheese/Lettuce/Tomato
- Fries
- Three bean salad

Toasted Cheese & Tomato Soup

10

- Toasted Cheese
- Tomato Soup
- Tossed Salad

Mac & Cheese

11

- Macaroni and Cheese
- Ham
- Hot Dogs
- Broccoli

Brunch

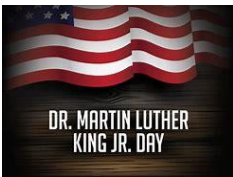
12

- Pancakes
- Sausage
- Oven Fried Potato
- Fresh Fruit/Juice

Beef Stir Fry

13

- Beef
- Vegetables
- Noodles
- Teriyaki



16

Stuffed Shells

17

- Cheese Filled Pasta
- Marinara Sauce
- Mozzarella Cheese
- Salad
- Garlic Bread

Hot Dog

18

- Hot Dog
- Bun
- Fries
- Baked Beans
- Veggie Sticks

Chicken Noodle Casserole

19

- Chicken / Veggies
- Noodles
- Rolls

Garlic Chicken

20

- Garlic Baked Chicken
- Roasted Potato
- Green Beans
- Rolls

Chicken Patty

23

- Wheat Bun
- Chicken Patty
- Three Bean Salad
- Roasted Carrot

Pasta & Meatballs

24

- Pasta
- Meatballs
- Marinara Sauce
- Green Beans
- Salad and Garlic Bread

Turkey Dinner

25

- Roast Turkey
- Gravy
- Mashed Potatoes
- Corn
- Rolls

Brunch

26

- French Toast
- Sausage
- Oven Fried Potato
- Fresh Fruit/Juice

Philly Steak

27

- Steak/Cheese/Roll
- Peppers & Onions
- Homestyle Fries
- Green Salad

Slam Dunk

30

- Mozzarella Stix
- Garlic Bread Sticks
- Popcorn Chicken
- Veggie Sticks
- Salad

BBQ Chicken

31

- BBQ Grilled Chicken
- Roasted Potato
- Green Beans
- Rolls

Available Daily

Fresh Pizza, Taco Bar, Salad Bar, and Sandwiches / Fresh Fruit and Milk served at every meal period.

****ALL MENU ITEMS SUBJECT TO CHANGE DUE TO NATIONAL SUPPLY CHAIN ISSUES****



PAY FOR MEALS ONLINE
MySchoolBucks.com